

Walking Route - Forge Mill Needle Museum to the Arrow Valley Lake

1. Go through the Museum Car Park to face the main entrance gates, then turn left over bridge and through the kissing gate. Turn right and follow the path. The old course of the River Arrow is visible on the left between the path and the Abbey site.
2. Continue along path and through the gate. Carry straight on and over the wooden bridge then turn right and stay on the path.
3. The Medieval Fish Ponds can be seen to the left, densely populated with bullrushes.
4. Immediately after the fish ponds there is a crossroads in the path. On the right are the remains of a brick bridge and over the bridge is an open field where the Medieval Industrial Mill was located. Continue straight on along the main path.

5. Gate across path - go through the gate, follow path to the right over a wooden bridge then follow path along side of field. Part of the golf course is visible on the left.
6. Gate across path - go left over the bridge and follow path over two more wooden bridges.
7. Follow path to the right over the bridge above the Weir with Five Tunnels brick structure visible to the right. Continue along path (golf on left) and over the raised wooden walkways.
8. Water is visible to both sides of the path. The Paper Mill Pools are to the left and the Paper Mill Weir is to the right. Continue along the path.
9. Two bridges are to the left of the path - ignore these and follow the path to the right (signposted 'Town Centre')
10. Follow the path under the road bridge then take the path to the left (signposted 'Studley').

11. Follow path to the right, over metal bridge and then under road bridge. The outline of needle images are visible on the columns to the right of the path.
12. The path now crosses a road (Marfield Lane). Continue along the path.
13. There is a crossroads in the path with a metal bridge visible to the right. Carry straight on along the main path.
14. On approaching the lake there is a fork in the path, with the lake to the left front. Turn sharp left and keep the lake on the right.
15. At the entrance to the sailing club follow the path to the left and then continue past the children's play area to the Visitor Centre and the Boathouse Cafe.

Walking Route - Arrow Valley Lake to the Forge Mill Needle Museum

1. Start outside Arrow Valley Visitor Centre/Boathouse Cafe. Orientate to the north, with the lake on the left and children's play area to the right. Follow the path ahead, around the northern shore of the lake.
2. At the T-junction in the path turn right.
3. There is a crossroads in the path with a metal bridge visible on left). Carry straight on along the main path.
4. The path now crosses a road (Marfield Lane) - continue ahead across the road.
5. Proceed under road bridge, then follow path over the river and round to the left.
6. At junction in the path turn

7. Two bridges are to the right of the path - ignore these and stay on the path where water is visible on both sides.
8. Paper Mill Weir is visible on the left, and Paper Mill Pools on the right.
9. At the fork in the path keep right over wooden walkway.
10. Five Tunnels brick structure is visible on left. Follow path over bridge over the weir and turn left. Carry straight on over the two wooden bridges.
11. Proceed over the third wooden bridge, through the gate and turn right.
12. Follow path to the right over the wooden bridge, through

13. There is a crossroads in the path with the remains of a brick bridge to the left. Over the bridge is an open field where the Medieval Industrial Mill was located. Ahead and to the right of the main path are Medieval Fish Ponds, densely populated with bullrushes.
14. Continue along the path past the Fish Ponds.
15. Proceed through the gate, over the bridge, through the next gates and continue along the path. The old course of the River Arrow is visible on the right between the path and the Abbey site.
16. At the gate turn left, over the bridge to the main museum entrance gates and car park.



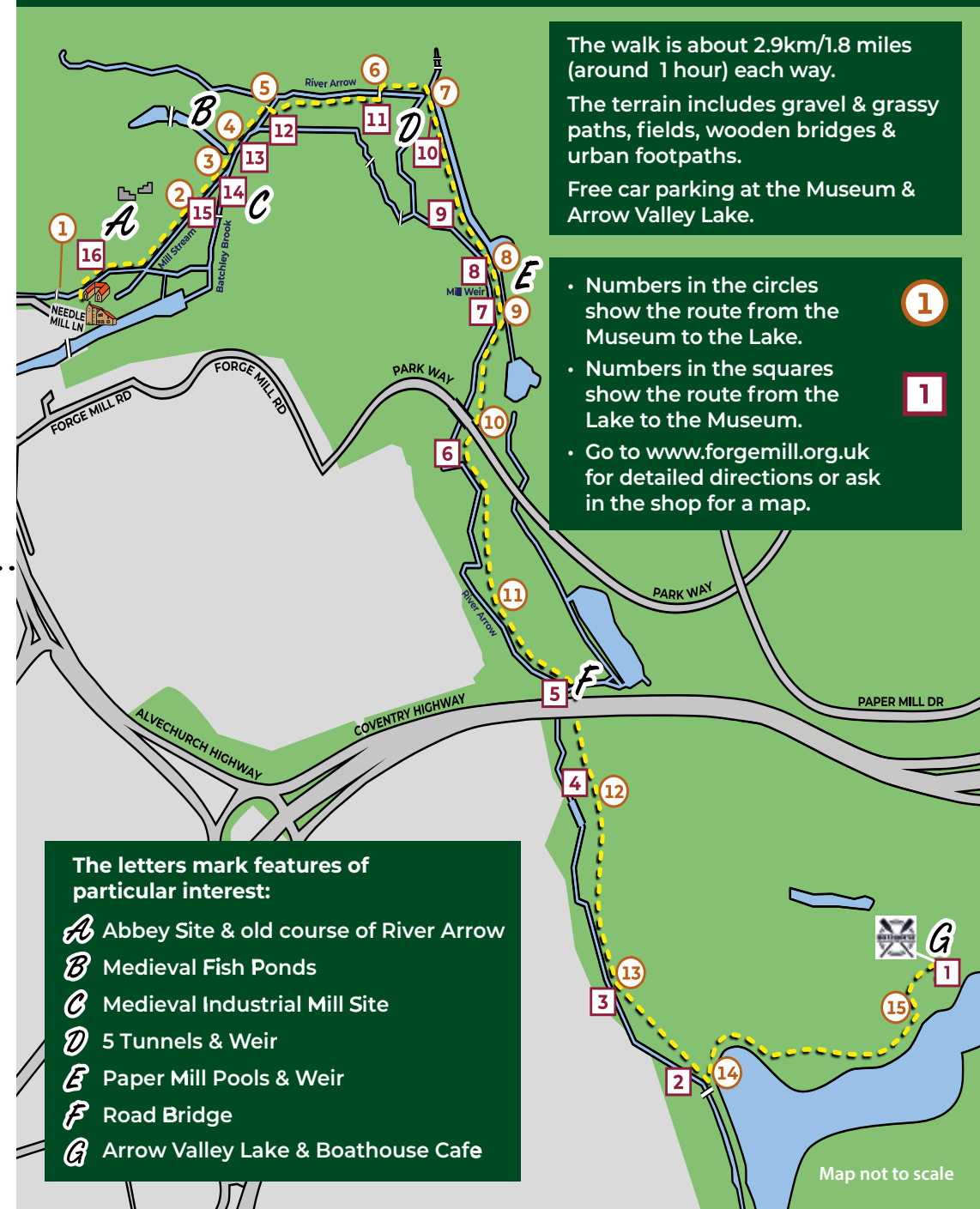
Heritage Walking Trail

The walk is about 2.9km/1.8 miles (around 1 hour) each way.

The terrain includes gravel & grassy paths, fields, wooden bridges & urban footpaths.

Free car parking at the Museum & Arrow Valley Lake.

- Numbers in the circles show the route from the Museum to the Lake.
- Numbers in the squares show the route from the Lake to the Museum.
- Go to www.forgemill.org.uk for detailed directions or ask in the shop for a map.



The letters mark features of particular interest:

- A** Abbey Site & old course of River Arrow
- B** Medieval Fish Ponds
- C** Medieval Industrial Mill Site
- D** 5 Tunnels & Weir
- E** Paper Mill Pools & Weir
- F** Road Bridge
- G** Arrow Valley Lake & Boathouse Cafe

Map not to scale